

Kakala Research Framework

Engaging Tongan youth



‘Aulola Lino



Background Information

- Increase of deaths to suicide in Tongan youth in 2011
- Those who died, predominantly were not accessing services and lived in South Auckland, NZ
- Capture voices and experiences of Tongan youth to explore their understanding of what communication meant to them and whether this was associated to Tongan youth suicide
- Methodological design – appropriate to the Tongan community and empowered and courageous talanoa about challenging issues



My companions in research

- ❖ **Whakapiri** - Engagement (Fakafeangai)
- ❖ **Whakamana** – Empowerment (Fakaivi'i or Fakamafai'i)
- ❖ **Whakamarama** – Enlightenment (Fakamaamangia or hulungia)

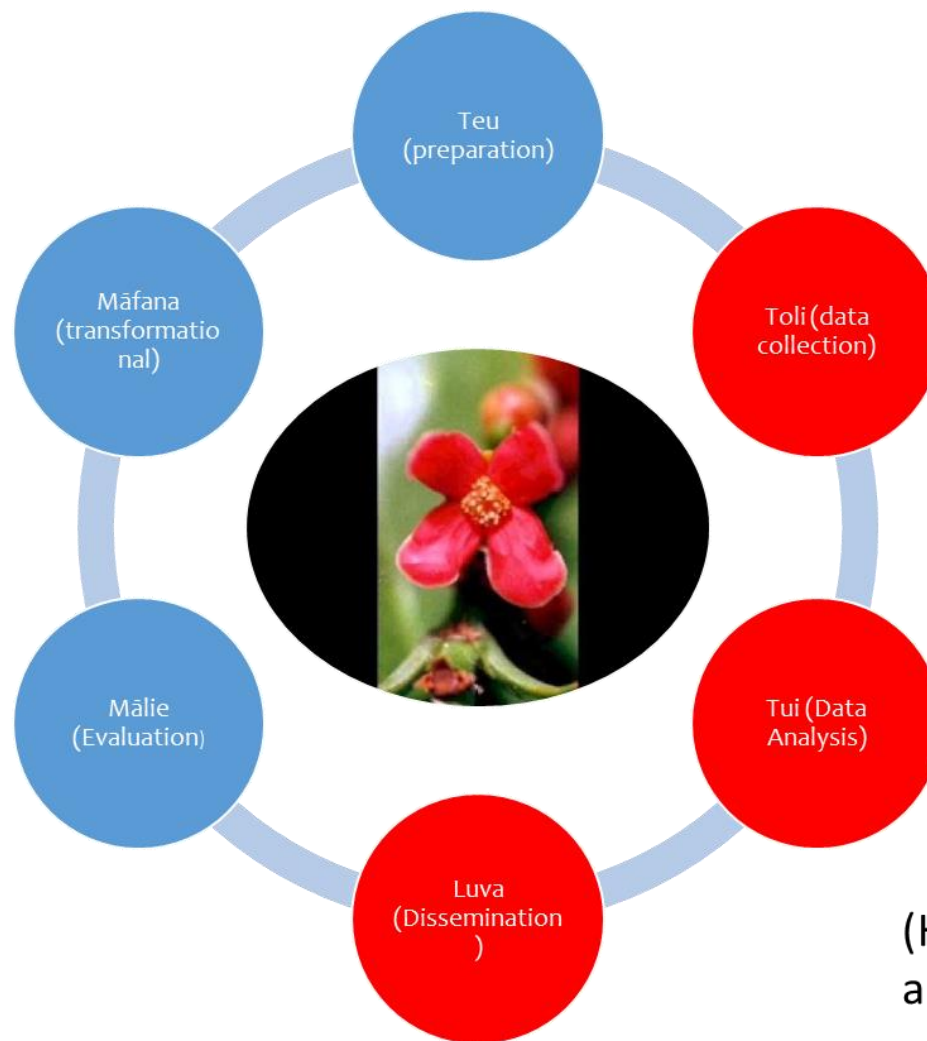


Methodology

- Qualitative
- Phenomenology
- **Kakala Research Framework**
- Talanoa Method

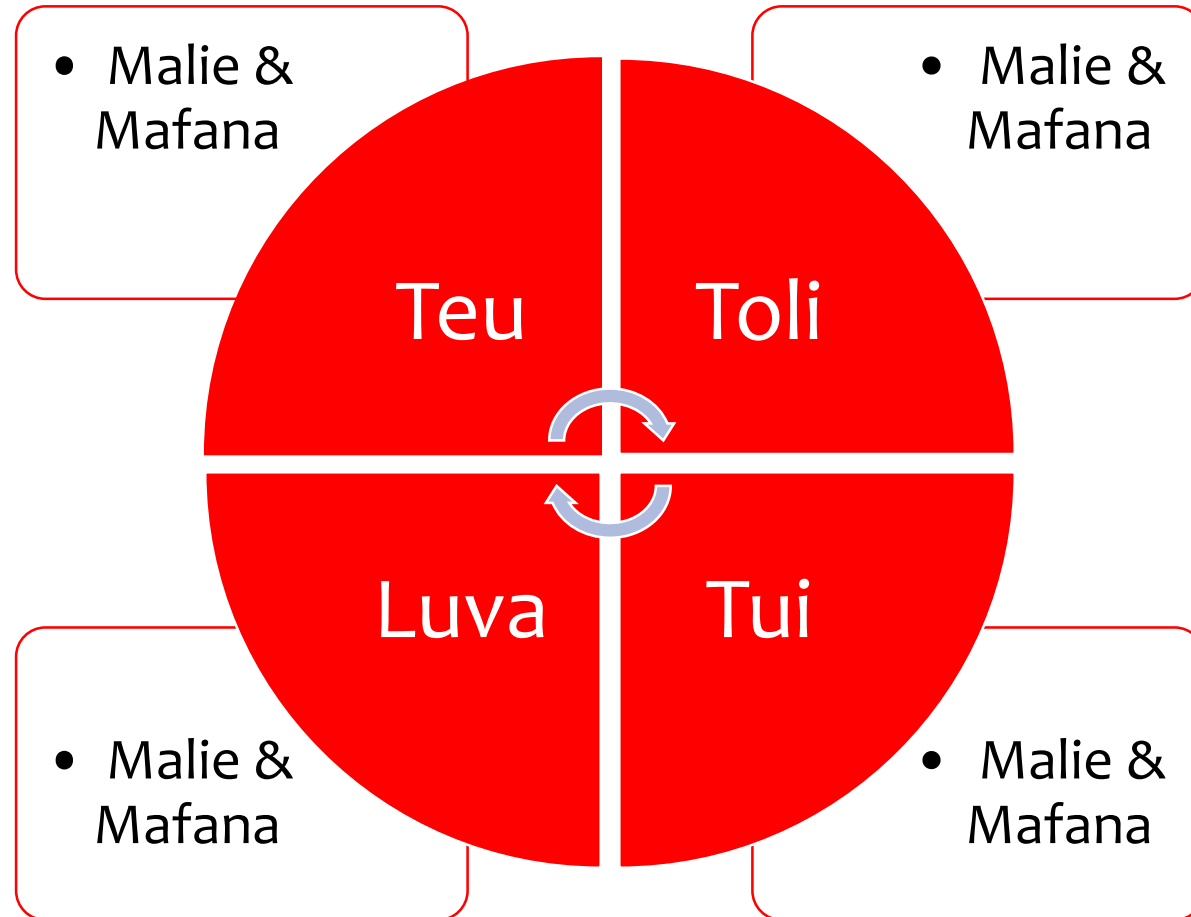


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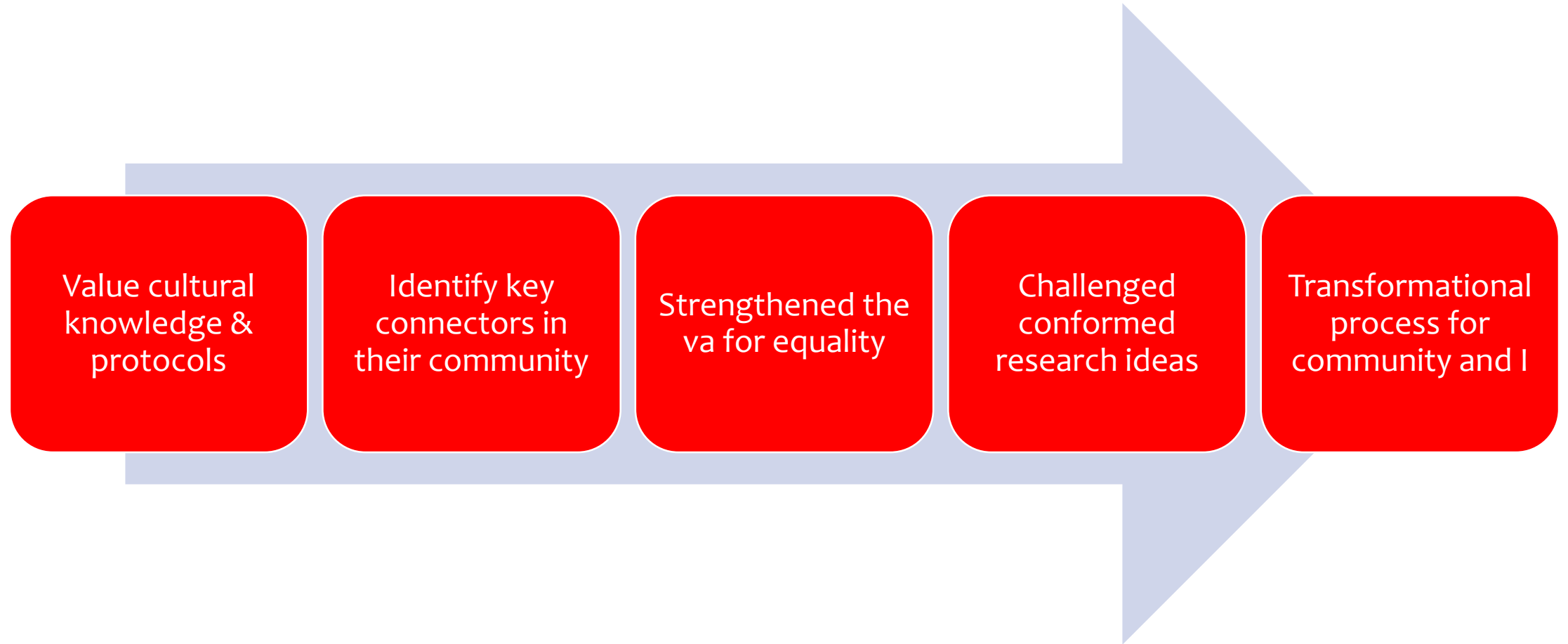


(Helu-Thaman, 1999; Taufe'ulungaki and Johansson-Fua, 2005)

Kakala in action



How did Kakala enhance the research process?



Conclusion

“If this is going to save one life – then the pain of opening up old wounds is worth it and what better way to honor the life of my loved one”



Malo ‘aupito
Tu’a ‘ofa atu