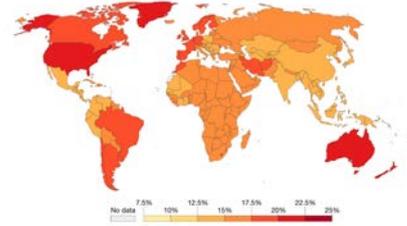


PUBLIC ART & URBAN MENTAL HEALTH

Public Presentation by
Associate Professor Dr. Leon Tan

GLOBAL CONTEXT

Share of population with mental health and substance use disorders, 2016
Share of population with any mental health or substance use disorder; this includes depression, anxiety, bipolar, eating disorders, alcohol or drug use disorders, and schizophrenia. Due to the widespread under-diagnosis, these estimates use a combination of sources, including medical and national records, epidemiological data, survey data, and meta-regression models.



URBANIZATION AND ITS DISCONTENTS



URBANICITY AND THE MIND



URBANIZATION AND MENTAL DISORDER

- 40% higher risk of depression
- 20% higher risk of anxiety
- Double the risk of schizophrenia



URBAN MENTAL HEALTH

We know music, art and the use of color impacts on our states of mind.

We don't know how to use these expressive tools and more generally other sensory inputs to improve urban mental health.



FROM THE CLINIC TO THE PUBLIC REALM

We know that there is research into designing healthcare facilities, clinics and hospitals, to improve mental health.

We don't know how to extrapolate these findings to the public realm.



THINKING AT SCALE

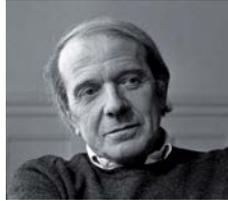


Methodological individualism = Micro reductionism

Methodological holism = Macro reductionism

ARTISTS AS CLINICIANS

"Artists are clinicians, not with respect to their own case, nor even with respect to a case in general; rather, they are clinicians of civilization."



JASMEEN PATHEJA / BLANK NOISE



"The daily silent experience of street sexual harassment is what comes closest to the term blank noise."

TALK TO ME



BANKSY



BALFOUR TEA PARTY



"The aim of the street party was two-fold - to apologise to local Palestinians on behalf of the British people - whose ancestors set in motion events that has left them homeless. Secondly to make British people back home aware that we are partly responsible for creating the current troubles and that we perhaps owe the region more than a shrug and a resigned expression."
- Banksy

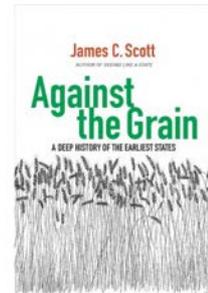
SARAH SMUTS-KENNEDY



FOR THE LOVE OF BEES



URBANIZATION & SUSTAINABILITY



UNDOING CAPITALIST REALISM

"The mental health plague in capitalist societies would suggest that, instead of being the only social system that works, capitalism is inherently dysfunctional, and that the cost of it appearing to work is very high." (p. 19)

